



# LENTEN & EASTER SCHEDULE

## What is Lent? Why 40 days?

- Lent is the time of spiritual preparation prior to the Easter season, just as Advent is for Christmas. Jesus taught us clearly that there is no resurrection without the Cross, and Lent is the Church's great spiritual journey as we join in on Jesus' suffering to more fully embrace the joy and the mystery of Easter. The 40 days of Lent correspond to the 40 days that Jesus spent in the wilderness to fast, pray, and endure the temptations of the devil, all in preparation for his public ministry which would culminate in his death on the cross. This year, Lent begins on Ash Wednesday (Feb. 17) and ends on Holy Thursday (April 1)

## What are the obligations?

- Fasting & Abstinence: Our obligatory duty on Ash Wednesday and Good Friday. (ages 18-59); Do not eat meat on the Fridays of Lent. Treat it as a day of penance. (ages 14+)
- Confession: Catholics are obligated to receive Holy Communion at least once during the Easter season (from Easter Sunday to Pentecost), therefore the Sacrament of Penance for any mortal sins is required prior to the Easter feast.

## How can I make the most of this season?

- Fasting beyond the obligations - what's distracting me or holding me back from spending more time with the Lord? Where do I overindulge?
- Lenten devotions and spiritual reading - *I Heard God Laugh* by Matthew Kelly is a great read (and short!) for this season. Free copies are in the back of the churches! Or maybe reading isn't for you... All adults are invited to the Inspire Adult Formation classes Wednesday evenings!
- Way of the Cross - check out our cluster calendar for *many* opportunities
- Daily Rosary - join us in person or via live stream for a daily rosary!
- Serving the poor - CRS Rice Bowls will be given out at church - they can be turned in the boxes in the back of church during Holy Week!

## Ash Wednesday Masses:

- 7am - SH
- 12pm - SA
- 5pm - SF
- 5:30pm - SH
- 7pm - SW
- 7:30pm - SB

## Holy Thursday Masses:

- 5:30pm - SH
- 7:30pm - SB

## Good Friday Masses:

- No AM mass
- 12pm - SF
- 1pm - SB
- 1pm - SW
- 1:30pm - SH
- 7:30pm - SA

## Easter Vigil Masses:

- 8:30pm - SH

## Confessions:

- Thursdays after mass
- March 1 - SA - 6:30-8pm
- March 4 - SH - 3pm
- March 8 - SB - 6:30-8pm
- March 16 - SF - 6:30-8pm
- March 22 - SH - 6:30-8pm
- March 29 - SW - 6:30-8pm



**ST. HENRY CLUSTER**

*We're all in this together.*

# LENTEN & EASTER SCHEDULE

SUN	MON	TUE	WED	THU	FRI	SAT
14	15	16	17 <b>Ash Wednesday*</b> <b>Inspire Adult Formation</b> 7pm, SH basement	18 <b>Mass</b> 6:30pm, SH <b>Confessions</b> after mass	19 <b>Children's Way of the Cross</b> after school, SH	20
21 <b>Way of the Cross</b> SB + SW after mass	22	23 <b>Cluster Way of the Cross</b> SA, 7pm	24 <b>Inspire Adult Formation</b> 7pm, SH basement	25 <b>Mass</b> 6:30pm, SH <b>Confessions</b> after mass	26 <b>Children's Way of the Cross</b> after school, SH	27
28 <b>Way of the Cross</b> SB + SW after mass	1 <b>Confessions</b> SA, 6:30-8pm <b>Children's Way of the Cross</b> SF, 6:30pm	2 <b>Cluster Way of the Cross</b> SW, 7pm	3 <b>Inspire Adult Formation</b> 7pm, SH basement	4 <b>Confessions</b> 3pm + after mass, <b>Mass</b> 6:30pm, SH	5 <b>Children's Way of the Cross</b> after school, SH	6
7 <b>Way of the Cross</b> SB + SW after mass	8 <b>Confessions</b> SB, 6:30-8pm <b>Children's Way of the Cross</b> SF, 6:30pm	9 <b>1st Reconciliation</b> SB, 7pm <b>Cluster Way of the Cross</b> SH, 7pm	10 <b>Inspire Adult Formation</b> 7pm, SH basement	11 <b>Mass</b> 6:30pm, SH <b>Confessions</b> after mass	12 <b>Children's Way of the Cross</b> after school, SH	13
14 <b>Way of the Cross</b> SB + SW after mass	15 SF, 7pm <b>1st Reconciliation,</b> <b>Children's Way of the Cross</b> SF, 6:30pm	16 <b>Confessions</b> SF, 6:30-8pm <b>Cluster Way of the Cross</b> SB, 7pm	17 <b>Children's Way of the Cross</b> SB, 7:30pm <b>Inspire Adult Formation</b> 7pm SH basement	18 <b>Mass</b> 6:30pm, SH <b>Confessions</b> after mass	19 <b>Children's Way of the Cross</b> after school, SH	20
21 <b>Way of the Cross</b> SB + SW after mass	22 <b>Confessions</b> SH, 6:30-8pm <b>Children's Way of the Cross</b> SF, 6:30pm	23 <b>1st Reconciliation</b> SH, 7pm <b>Cluster Way of the Cross</b> SF, 7pm	24 SH, 7pm <b>1st Reconciliation,</b> <b>Inspire Adult Formation</b> 7pm, SH basement	25 <b>Mass</b> 6:30pm, SH <b>Confessions</b> after mass	26 <b>Children's Way of the Cross</b> after school, SH	27
28 <b>Palm Sunday</b>	29 <b>Confessions</b> SW, 6:30-8pm <b>Children's Way of the Cross</b> SF, 6:30pm	30	31 <b>Confessions</b> 7pm, RCIA Candidates <b>Tenebrae Service</b> 7:30pm, SH + SB	1 <b>Holy Thursday*</b>	2 <b>Good Friday*</b> <b>Walk with Christ</b> 12pm, SH; <b>Living Stations</b> 7:30pm, SB	3 <b>Easter Vigil</b> RCIA Celebration of the Sacraments of Initiation
4 <b>Easter Sunday</b>						

\* There will be no Exposition on February 17, April 1, April 2. You are always welcome to have adoration in front of the Blessed Sacrament on those days.